



EMGC International Competition Rider Tryout Summary

Rider's Name: _____.

Date: _____

Emergency contact: _____

Location: _____

Emergency contact phone: _____

Rider email: _____

Rider phone: _____

Rider's Preparation	☐ Pony clean and groomed ☐ Tack and equipment in good repair ☐ Tack and equipment in compliance with rules – clips taped, etc. ☐ Tack and equipment clean ☐ Tack properly fitted ☐ Rider appropriately outfitted – boots, helmet, apparel	Notes:
Warmup Time allowed:	☐ In hand pony jog; introduction to arena ☐ Rider jog, stretches ☐ Pony sound ☐ Progression of speed ☐ Progression of gaits includes ☐ walk ☐ trot ☐ canter ☐ gallop ☐ Progression of skills ☐ stops ☐ circles ☐ turns ☐ vaults ☐ Aware of space, safety, mindful of others	Notes:
Game Skills (Circle applicable descriptor) Number of games played:	☐ Stops – timely effective sharp ineffective ☐ Props handling – correct incorrect ☐ Turns – tight balanced wide off-balance ☐ Vaults – quick efficient slow unsuccessful ☐ Speed for task – appropriate too fast slow ☐ Strategies – efficient effective inefficient ineffective	Notes:
Errors and Corrections	☐ no errors ☐ average < 1 per race ☐ average 1 per race ☐ average >1 per race ☐ fix(es) always fast, efficient, strategic ☐ fix(es) not always fast, efficient, strategic ☐ fix(es) never fast efficient; safety concern ☐ successfully carries on following error(s); regains stride and rhythm ☐ subsequent play negatively impacted by error(s) ☐ seeks input and feedback ☐ appropriately	Notes: Race: Error: Fix: Race: Error: Fix:
Focus Attitude Demeanour	☐ attentive ☐ listens ☐ focused on task(s) ☐ follows instructions ☐ respectful ☐ adaptable ☐ resilient ☐ comments appropriately	Notes:
Knowledge	☐ pony care ☐ before ☐ during ☐ after ☐ games rules ☐ overall competition rules ☐ code of conduct ☐ arena markings ☐ scoring ☐ referee ☐ equipment crew	Notes:



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Rider Name:	Own Pony:	Rider email:
Total Riding Score:	Borrowed Pony:	
	Borrowed Pony:	Rider phone:
Interview Time started:		Parent email:
Interview completed:		
Rider Interviewer:		Parent phone:
Interview Question:	Rider Response:	
What did you enjoy about the tryout day?		
What did you find challenging and how did you go about achieving success?		
If there was something that you could change about your performance today, what would it be?		
In your personal training and fitness, what activities have been most beneficial to you? What are your next steps?		
What would you change about the tryout day if you had the opportunity?		
Overall Qualities and Characteristics – For Selection Committee Use:		
Goal Setting, Self Initiative –		
Personal fitness planning – has a plan, is currently taking steps toward personal fitness, has goals		
Self-awareness – recognizes strengths, weaknesses, and makes adjustments		
Response to challenges/setbacks -		
Response to suggestion and instruction from coach, persons in authority, peers		
Interpersonal and communication skills – positive, tactful, appropriate, responds		